

Counseling News

September, 2016

Meet Your School Counselors!



Karen Davis
Last Names A-G

I have been a counselor at Jason Lee since 1999. There is no other school I would want to be. I love advocating for students and helping them find their voice and empowering parents. I have a daughter who is going into 1st grade this year and we both enjoy playing percussion and dancing in our Brazilian band MaractuPDX.



Stephanie Amato
Last Names H-O

I started at Jason Lee this past January and I have loved getting to know the staff and students! As a former Child Therapist, I am passionate about helping students develop positive self-esteem and healthy coping skills. In my free time, I enjoy painting, yoga, and going on adventures with my friends and family.



Jennifer Waller
Last Names P-Z

This is my 15th year as a school counselor at the secondary level. I enjoy hiking, cooking & travelling. I have coached both at the high school and middle school levels for softball, cross country, track and volleyball. I look forward to meeting all the new students and watching them all grow!

The School Counseling Program provides:

Classroom Lessons:

- Learning Styles, Career Planning.
- Community building through Community Circles.

Group work with students:

- Coping Skills, Behavior Change, Finding Motivation, Social Skills.

Individual work with students:

- Short-term work to meet social, emotional, and behavioral goals

Crisis intervention:

- Help in planning to prevent crises
- Restore safety and routine after crises

Consultation with staff and parents/guardians:

- Discuss and plan for student needs
- Provide resources and education

Referral assistance to services in the community:

- Clinical counseling, case management, and emergency planning.

The School Counseling Program is comprehensive in nature and strives to meet students' academic, personal/social, and career needs. School Counseling is not designed to replace clinical counseling services, but is a useful addition.

Questions? Contact us!

Karen Davis (A-G) Stephanie Amato (H-O) Jennifer Waller (P-Z)